

# R.Y.P.P

Respect  
Young  
Person's  
Programme



by **THE WISH CENTRE - 0300 561 0440**  
and delivered in your local area.

**Are you the parent/carer of a young person and struggling with their behaviour?**

## **Damaging Property**

damaging furniture, hitting walls or destroying possessions

## **Making Threats**

to harm you, themselves or someone else

## **Verbal Aggression**

swearing, shouting, insults or name calling

## **Financial Abuse**

stealing or demanding money

## **Physical Aggression**

hitting, spitting, pushing or kicking you or another

## **Boundary Pushing**

unresponsive to fair discipline, passive aggressive behaviours

Conflict between a young person and their parent/carer is often a normal part of growing up. When that behaviour crosses the line into abuse or aggression, it can be difficult to know where to turn.

Our Respect accredited RYPP programme which is delivered by Wish Centre Practitioners can help.

**RYPP is a programme available to young people aged 10-16 where their behaviours are violent or aggressive towards a parent, carer or another family member. It aims to address behaviours that can increase risks in later life, such as:-**

- **Difficulty with attachment**
- **Low empathy**
- **High entitlement**
- **Poor school attendance or academic achievement**
- **Difficulty with emotional regulation**
- **Problems with conflict resolution**

**and seeks to improve:-**

- **emotional well-being (coping with anxiety, anger, depression, emotional self-regulation)**
- **family communication and relationships**
- **parenting confidence and skills**
- **the young person's insight to their own behaviour leading to a reduction in verbal and physical aggression.**

**The RYPP is delivered over 11 weeks via one or two face to face sessions per week. It's a total of 18 sessions - 9 with the young person, 7 with the parent and 2 with the whole family.**

**Contact us for further details on 0300 561 0440 or email us [info@thewishcentre.org](mailto:info@thewishcentre.org).**

